

# Over the Fence

## SUPERINTENDENT'S MESSAGE

Dear Fraser Families,



We often talk about student safety and the measures we take to make sure your children are safe each day in our schools. In addition to physically making our buildings secure, we are taking steps to focus on the emotional and mental safety of all of our learners.

As you will see on **Page 3**, earlier this school year, we created threat assessment teams at each building. These teams of principals, teachers, counselors and school psychologists have worked together and will continue to research their best practices to handle any threat or perceived threat appropriately.

All of our schools also host representatives from the Michigan Attorney General's Office about cyber safety. During the presentation, age-appropriate information is shared with students on cyberbullying; being a safe digital citizen; and how to anonymously report tips; threats or bullying.

Sixth-grade students at Disney Elementary recently participated in a presentation about cyberbullying and learned how to prevent bullying before it starts. They were encouraged to reflect on their behavior and an app that encourages users to pause before writing words that have been identified as abusive, hateful or otherwise hurtful. You can read more about this on **Page 3**.

I am excited that our elementary school teachers have worked together to organize an Ok2Say Parent Night seminar. This seminar was open to all parents who wanted to learn more about the student presentation, as well as provide information on internet safety, digital footprints and how to recognize possible privacy risks.

If you were unable to make it to the presentation, the Michigan Attorney General's office has compiled resources on their [website](#).

As we move through the school year, I will be sure to continue sharing how we are keeping your children safe. We need to continue to work together to support our students' social and emotional well-being.

Sincerely,  
Ms. Wozniak



## PRACTICING HIGHER ORDER THINKING SKILLS

Students participating in the English as a Second Language program in our district have been building their higher order thinking skills. As students begin and continue to make meaning of a second language, it is critical that they are given the opportunity to explore the multiple connections that can be made in this second language. Through deeper thinking and meaningful explorations, students are able to develop understanding of how words in the English language can be related and utilized to represent their ideas and learning.

Ms. Christine Davidson, Facilitator of English Language Learners K-8, has been building these skills through an activity called List-Group-Label-Map. This activity asks the students to list as many words as they can think of that relate to a presented topic. The students then work together to make connections and group the words listed. Once grouped, the students must create a label for each group of words before finally making a graphic organizer or map of their work.

During our first exposures to this activity, students are offered a familiar topic such as food. This topic has encouraged lively conversation and even sharing of the students' home languages. They were able to practice writing words in both English and their first language. Once familiar with this activity, students are asked to create lists connected to their academic content areas of English language arts, math, science and social studies.

"Through the use of this type of higher order thinking, English Language Learners will develop connections and a deeper understanding of academic vocabulary," said Ms. Davidson.





# CURRICULUM CORNER

EXTRAORDINARY TEACHERS NEVER STOP LEARNING

That was evidenced on November 6 when the Fraser teaching staff gathered at Fraser High School to participate in a day of professional development. While students had the day off from school, our teachers spent the day learning new strategies to bring back into their classrooms. Fraser Public Schools is proud to offer regular district-provided Professional Development for our teachers. During the November Professional Development, K-12 teachers focused on the social-emotional growth of students developing a common language around restorative practices during the morning session.

Social-emotional growth is critical for our students as they build self-confidence and demonstrate behaviors such as kindness, sharing and empathy. When social-emotional

needs are met, students show an improved attitude towards school or a reduction in stress and depression.

The afternoon of learning included a variety of breakout sessions. Teachers had an opportunity to attend three different learning sessions, many of which were led by our own Fraser teacher leaders. Literacy was a focus as all elementary teachers attended a session on the literacy framework and essential practices. All Richards Middle School teachers attended a session on literacy across the curriculum. Other sessions that staff could choose from included social-emotional behavior strategies; Promethean panel training; and Professional Learning Community work, math and reading strategies.

“Teacher choice was important and providing opportunities for the teachers to be leaders



was key to the success of this professional development,” said Dr. Donna Anderson, Assistant Superintendent.

When teachers have the opportunity to sit down with each other and explore which strategies work and which strategies do not, profound changes take place and our students benefit.



Linda Corbat



Ron DeVillano



Scott Wallace

## ELECTION RESULTS

*Congratulations to Linda Corbat, Ron DeVillano and Scott Wallace. The three Board of Education members were reelected last Tuesday. The three incumbents beat out challenger John Palimino, Jr., for the three open seats on the Board. The new terms begin January 1, 2019, and last six years, through December 31, 2024.*

## 8TH GRADE DOES MOCK VOTE

On November 5, 8th-grade students at Richards Middle School had the opportunity to cast their ballots. They were given a replica of the Michigan General Election Ballot and voted for state and district nominees, along with Proposal 2 and Proposal 3.

Prior to voting, the students did their homework on the issues. Social studies teacher, Mrs. Tara Fugate, gave the students resources for information on the candidates, showed them how to look up non-partisan candidates, and discussed personal issues affected by the election. Students also sat down with their parents to discuss the issues.

Since these students will be voting for the same people in four years, Mrs. Fugate wanted them to think about who or what they were voting for and make their own decisions.

“They took it way more seriously than I thought they would,” said Mrs. Fugate. “They were very focused on voting.”

Each student was given a covered ballot that resembled the one their parents used on Election Day, circled their candidates’ names, and checked yes or no on the proposals. After their ballot was placed in the ballot box, they proudly walked out wearing an “I Voted” sticker!







# CRAFTING FUN

Another year of making fun crafts is underway for Edison Elementary Latchkey Little Artists! For Halloween, they worked hard at making their own sweet treat that they could enjoy not only at Halloween but all autumn long. They made their very own monster-sized candy corn and had a great time creating these nice keepsakes.

The students can't wait to start on their Thanksgiving and Christmas crafts!



## RED CARPET ADJECTIVE WALK



Second-grade students in Mrs. Laidlaw's class at Eisenhower Elementary strutted their stuff to learn about adjectives.

Students dressed up and walked the "Red Carpet" while audience members applauded.

Paparazzi took

photos to document the festivities. Using the photos, students wrote about the event while highlighting adjectives.

## Math or Mess?

Imagine your 2nd-grade teacher gathering you to the carpet and just dumping a giant box of straws on the floor. Well, that's exactly what happened in Mrs. Szeliga's 2nd-grade class at Mark Twain.

The children were shocked! Had Mrs. Szeliga lost her mind? No, it was just time to start learning about place value. The class decided the straws would be easier to count by 10s so they bundled up the straws into groups of 10.

Student, Maci Hascher said, "I can't believe we are going to count all those straws!"

Realizing that it would take a long time to count all the groups of 10, they bundled the 10s into groups of 100. There were 1,000 straws altogether. The class learned that 10 ones equal one ten and 10 tens equal 1 hundred.

Mason Iwaskow, a student in Mrs. Szeliga's class added, "I knew we were going to count by 100s and 10s!"

"In 2nd grade, we practice counting, and adding and subtracting to 1,000. Learning about place value is an important foundational skill for all to understand," said Mrs. Szeliga. She said she would refer back to counting straws all year and the class will remember the activity, because it was so much fun!



## Delicious Math at Dooley

Students in the Focus Four preschool program at the Dooley Center did some delicious math. First, the children sorted fruit snacks by shape and placed them on a graph. Next, the children counted each of the fruit snack columns. They then discussed which column had the most or the least amount of fruit snacks. Lastly, they eagerly ate their fruit snacks.

"This was a great hands-on experience with sorting, one-to-one correspondence, counting and comparing, all of which are part of our preschool curriculum. The children were excited to talk about their graph and tell each other which type of fruit snacks they had the most of," said Mrs. Jill Rice, Focus Four teacher.





# Salk Latchkey Students Remember Veterans



For the third year, Salk Latchkey staff and students took the time to honor and show respect to the men and women who have served our country by making 80 pillowcases for the Veterans who are patients at the Veterans Hospital in Detroit.

Each family donated a few dollars to create the pillowcases. The children then decorated them by writing a saying to salute our veterans and then finished off by stamping stars, flags and "U.S.A." onto them. The children then added ribbon and a thank-you note to the pillowcases.

The children had fun making the pillowcases and were honored to make them for the Veterans. Ms. Sarah and Ms. Sally delivered the pillowcases to the Vietnam Veterans of America located on 15 Mile Road. Staff there were very grateful to receive the pillowcases to distribute to patients at the Veterans Hospital in Detroit on Veteran's Day.

# BUILDING DIGITAL PORTFOLIOS

Disney Elementary students are getting ready for upcoming student-involved conferences by capturing the thinking and problem solving that takes place during their Eureka Math lessons in digital portfolios.

## WHAT EXACTLY IS A DIGITAL PORTFOLIO?

"A digital portfolio is a powerful way of collecting artifacts of learning that demonstrate growth and new learning, as well as where students are in relation to their learning goals," said Mr. Jarod McGuffey, Disney's 21st Century teacher. "But it's more than that. It's also a vehicle for reflection and an opportunity for celebrating student work, which ultimately creates a sense of pride in students."

Sixth-grade teacher Mrs. Stephanie McGuffey finds that digital portfolios provide choice and options on how students demonstrate what they are learning, as well as immediate feedback to both students and their parents. She also says that digital portfolios have bridged the communication gap between her students, parents and teachers.

"The conversation with my parents has changed, now they can see what I am doing instantly," said Riya Engle, 6th-grade student. "It is awesome to come home and hear that they are so happy with my work that day."

# Alumni Veterans' Plaque

The 4A's recently purchased a second plaque to honor Fraser High School alumni who joined the armed forces. The Class of 2011 purchased the first plaque and all 200 spaces were filled up. The second plaque also has space for 200 names. Requirements include that the individual has graduated from FHS and completed boot camp.

Alumni who have served can have their names added by sending the following information to [Ingrid.Fryia@fraserk12.org](mailto:Ingrid.Fryia@fraserk12.org):

**Full Name • Graduation Year • Branch of Military**



# Dissecting the Heart

Sixth-grade students at Mark Twain Elementary enjoyed dissection day during H.E.A.R.T. class. In that class, students learn about the heart and how to keep their hearts healthy, and culminate the lesson with viewing and dissecting a sheep's heart.

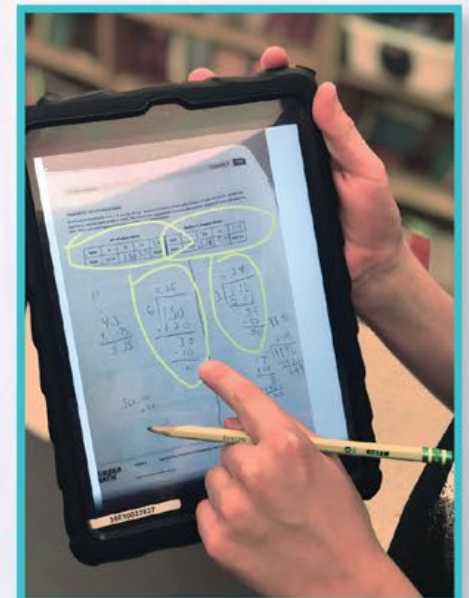
The structure of a sheep heart is very similar to a human heart. Students were able to identify the four chambers of the heart, the valves and the blood vessels that flow in and out of the heart.

"I used to do the dissections in May, but then all year long I hear, 'When are we dissecting?' I feel bad making them wait all year! Some classes clap their hands afterward and many students thank me as they walk out of the room. I can tell most of the students love dissection day!" said Mrs. Sherry Asoklis, H.E.A.R.T. teacher.



As students were walking out of the classroom, they could be heard saying, "Best day ever! Wish we could do that every day!"

Mrs. Asoklis added, "Many of our future doctors, nurses and veterinarians got a first experience that will last them a lifetime!"





## LOOK OUT YETI

Richards Middle School science teachers, Mr. Michael Whiteley and Mr. Joshua Maggetti, worked together to design a project for their 7th-grade students that would reflect the district initiatives and content adopted by the State of Michigan. The project was to create a container that would keep a bottle of water frozen for seven hours.

Using Next Generation Science Standards, the 7th-grade students were asked to develop a model to show the relationship with temperature, thermal energy and particle motion.

Classes were allowed to work individually or in a group of two. Students were provided a design-plan-research document to guide their decision-making process in engineering the best container allowing any redesigning, if necessary. The students initially felt that the project was impossible. After watching videos from companies such as Yeti, Coleman, Pelican and more, the rush of anxiety was quelled.

"Connection with the content goes over very well; it's the engineering of something that proves to be the challenge. Creating something from scratch that's not already built for them typically is the most common roadblock when first starting off the project," said Mr. Whiteley.

He continued, "The success rate of the containers varied from hour to hour, this was very dependent on the design and if they addressed the problem of preventing a solid changing to a liquid. Those who made the connection as to what causes a solid to change to a liquid in relation to the thermal energy and temperature had containers perform very well."



## Physics Basics in 3rd Grade



In this Forces and Interactions science lesson, students in Mrs. Rebecca Wolf's 3rd-grade class at Salk Elementary used observations of the cause-and-effect relationship between forces and motion to explain changes in motion. Students began their investigation by observing objects at rest and describing what forces are acting on them: gravity, friction and the force of the floor.

They then connected their observations to Newton's First Law that states an object at rest remains at rest unless acted on by another force. The 3rd-graders were then

challenged to put Newton's Law to the test by conducting an experiment using a cup, index card and washer. They placed the index card and washer on top of the cup, and then with one hand, flicked the side of the card with a sharp force.

"I was surprised that the experiment worked! I didn't think the flick would move the index card and not the washer!" explained student Jaliyah Gant.

Similarly, Casey Lusk said, "Couldn't believe the washer didn't come off with the index card!"

After completing multiple trials, students were asked to record their observations in Book Creator and provide evidence. Students came to the conclusion that the washer did not move in the direction of the card because the force was only applied to the card. The washer dropped into the cup because the force of gravity pulled it into the cup after the card no longer pushed up the washer.

Students enjoy using the app, Book Creator, to record observations. "I like taking pictures of our observations," explains Gino Wiederhold. John Gauvin agreed and added, "Book Creator allows us to show our creativity."

"As a teacher, I love watching students work together and problem solve as teams. The 3rd-graders love hands-on learning and are able to connect our science Big Ideas to the real world. I'm impressed with how well they can demonstrate their learning in a variety of ways!" added Mrs. Wolf.

## Scientists Going to the Birds

Students in Mrs. Deborah May's class at Edison Elementary have been studying how birds with different beaks eat different foods. They learned that birds with deeply hooked beaks, like that of a Golden Eagle, are meat-eaters. Birds with short, cone-shaped beaks eat seeds; a sharp hook at the tip of the beak, like a parrot, are fruit and nut eaters; long slender beaks lap up nectar; and a long sharply pointed beak eats fish.

To understand what it is like for different birds to use different types of beaks, the students did an experiment. They used chopsticks, straws and tweezers to simulate different beaks or bills. The chopsticks represented the beaks of meat-eaters, tweezers served as the beaks of seed eaters, and straws of nectar eaters.

They used these simulated beaks to pick up different types of food and discovered some beaks worked better for certain foods. Colored water was used for nectar, rice for insects or seeds, and gummy worms for worms or small fish.

"The children were upset they couldn't pick up the rice or worms with the straw, we needed to review that is exactly the point of the experiment, animals with different beaks eat different foods," explained Mrs. May.

"It's not working, it's not working!" said one student. After Mrs. May explained that that was the point of the experiment, the student understood and acknowledged, "Oh, that's right!"

Mrs. May continued, "It was a great lesson and the children had a fun time making the discoveries working as scientists in small groups."







## DISTRICT CELEBRATES RED RIBBON WEEK



As the nation's largest and oldest drug prevention campaign, Red Ribbon Week® reaches over 80 million people each year.

This year, the Fraser Community Action Team sponsored activities throughout the district, including purchasing red ribbons for all students in the district that shared this year's theme: Life's a journey, travel drug free.

Elementary students in Fraser made posters and sent them to Richards Middle School, where they were displayed along with names of RMS

students who pledged to be drug free. They also made placemats, which were used in the Fraser Grille and iEat Café at Fraser High School. Some students made videos that were shared during the FHS daily announcements.

"This district collaboration between all levels is inspiring, the elementary students' work is used to encourage our high school students' choices," said Mr. Steve Norgrove, Health and PE teacher at FHS.

Elementary schools also hosted daily activities. At Salk Elementary, 6th-grade students had a poster competition creating original designs based on this theme. The top three winners will be presented at an upcoming school board meeting.

The Disney Elementary PTO purchased gift cards and had daily drawings. Winners had to be wearing their red ribbon to win. They had 30 winners this year!

The students at Edison Elementary celebrated Red Ribbon Spirit Week by showing how they have "Better Things to do than Drugs!" They made a gigantic graph where students showed what they would choose over drugs! Some of the things they chose were being on vacation, chilling in their pajamas, or being their best self.



# HOSA

## HANDS-ONLY CPR

It's never too early to learn how to save a life! Fraser HOSA members offered quick instruction in Hands-Only CPR at the 2018 Fraser Firefighter's Open House.

Over 60 people, most of them children, learned how to check an unconscious person, call 9-1-1 and start compressions.

The new standard of CPR is simple to learn, easy to do, and it saves more lives. It's called Hands-Only or Continuous Chest Compression CPR, and in minutes, you can learn to save a life.

Hands-Only CPR does not require mouth-to-mouth and simplifies the cardio pulmonary resuscitation process for an adult in cardiac arrest. Cardiac arrest is when the heart stops.

"While it might be a stretch for a 3-year-old to do effective compressions, our HOSA members provided an important 'first exposure' to the skill," said Marti Van-Iwanicki, HOSA Advisor. "As they continue to learn the steps, they will become very proficient and can really make an impact by the time they are in middle and high school." HOSA members Brianna Daley, Khalil Roy and Sawsan Elhady participated in the event.





## MARCHING BAND EXTRAVAGANZA

The Marching Band Extravaganza was held on October 27. It is a culminating event for the marching band and a tradition that started in 2003.

The Extravaganza is the marching band's end-of-the-season show in which they perform everything they have worked on throughout the entire season, including pre-game, the Bruno Mars half-time show, and all of the time-out music. The show also features the "Senior Show," for which the music is selected by the senior band members, and selected senior band members also create the drill design.

This year's Senior Show selections were "Smooth Criminal" by Michael Jackson, "My Girl" by The Temptations, "Spiderman" from the "Michael Buble" show the seniors did their Freshman year, and "Star Wars" because they felt it is great music!

Finally, all of the senior marching band members and their parents/guardians lined up on the track to be recognized for their years of participation.



## COLLABORATIVE EFFORT EARNS FRASER HIGH SCHOOL MI HEARTSAFE DESIGNATION

In the event of a sudden cardiac emergency, Fraser High School is ready. Collaboration among the student organization HOSA – Future Health Professionals, building leaders and district administrators resulted in FHS being named one of the newest MI HEARTSafe schools.

The HEARTSafe designation recognizes a school's efforts to prepare for a cardiac emergency. The application process included having a written cardiac emergency response plan; a cardiac emergency response team in place; at least one cardiac emergency response drill a year; and at least 10 percent of staff, 50 percent of coaches and 100 percent of head coaches and PE staff with current CPR/AED certification.

Fraser High School received the official designation in late October.

Last year, a group of six HOSA students organized a Medical Reserve Corps Partnership team. The students, Ella Baranski, Jack Baranski, Ryan Querro, Alison Stevenson, Marcella Miller and Mackenzie Lenk, worked with the local Medical Reserve Corps to participate in activities that improved public health and increased emergency response capabilities in the Fraser community.

When the students presented their efforts at a Board of Education meeting, it caught the attention of Kerry Terman, the district's Human Resources Director.



Mr. Terman and the Human Resources staff were looking to increase the number of staff members trained to handle medical emergencies. After hearing the presentation, Mr. Terman contacted HOSA chairperson Mrs. Marti Van-I, and together they came up with the goal to earn the HEARTSafe designation.

Carm Bambrick, the district Human Resources Generalist, can train and certify others in CPR. She worked closely with Mrs. Van-I and the HOSA students to ensure the appropriate amount of staff and coaches were certified.

"I think it's reassuring to know that we have so many teachers and coaches certified in CPR," said Ella, now a junior at FHS.

## Author Visits Schools Throughout District

Local author Jonathan Rand visited all of our elementary schools with his message of how reading and writing are the keys that will unlock success in every aspect of your life.

Johnathan Rand is a pseudonym he uses for children's books. His real name is Christopher Wright. For adult books, he uses the pseudonym Christopher Knight.



He talked about growing up in Michigan and how, as a child, he read all the time, especially about nature and animals. He told the students his writing career started in college, when he had a job writing jingles for a radio station. That inspired him to write stories, which he wanted to make better by adding mystery and excitement. He also told students that the best thing to do in order to be a good writer is to read.

"Reading is not a thing you do, it's a place you go," said Mr. Rand. "Books don't have covers, they have doors."





## United for Unity Day

October is National Bullying Prevention Month and Emerson Elementary and Eisenhower Elementary celebrated Unity Day on Wednesday, October 24, with everyone wearing orange. It is a national day to stand up against bullying; being united for kindness, acceptance and inclusion.

Emerson brought awareness to what the difference between bullying and conflict is. Mrs. Diane Headapohl, the school social worker, went to each class and led discussions about the importance of kindness, accepting others for who they are, and including everyone.



To bring awareness, the school also had their Broadcast Team act out a bullying scenario on announcements. The importance of standing up for others was discussed, along with the harsh consequences of cyber bullying and spreading rumors.

Eisenhower Elementary also wants students to feel safe and learn to accept each other's differences. In Mrs. Gray's 1st grade classroom, she began the day with her Morning Meeting, reading a book about kindness and then having the students say something kind to each other. Later, she read "Spookley the Square Pumpkin," which is a book about a square pumpkin in a round pumpkin patch.

She said, "the book led to a great discussion about how the things that make you different are what make you special. The students really embraced the day and went out of their way to be kind to each other and encourage others to be kind as well!"

## Brain Breaks in 1st Grade!

In Mrs. Renee Gray's 1st-grade classroom at Eisenhower Elementary, students use the GoNoodle app daily for breaks to allow movement to help with learning.

"We use GoNoodle during morning meeting, subject transitions, and any time they just need a brain break!" Mrs. Gray said. "It is a fun way to help keep my students focused and engaged. It is a free website with dance-alongs, movement videos and more that are only a few minutes each."

The students love the brain breaks, which have been shown to help create engaged learners. The app also has short videos for stretching, balancing and mindful breathing that allow students to calmly refocus and get ready to learn. GoNoodle also gets students up and moving while they practice math, vocabulary, spelling and more.



## Learning What It Takes

Salk Elementary 2nd-grade students have been busy learning about jobs in their community. During the past few weeks, students have had some very special visitors: their parents and Superintendent Ms. Carrie Wozniak!

People from a variety of careers spoke to the students including a pathology assistant, a family doctor, a respiratory therapist, a DJ, a human resources employee, an art gallery director, a speech pathologist, a heating and cooling technician and a firefighter.

Students were fascinated by the speech pathologist. She showed videos on how it looks on the inside when we speak and swallow. She also showed the students other forms of communication, including machines that talk for people who aren't able to speak.

Presenters told students to work hard in school, listen to their teachers, practice getting along with others, and never give up on their dreams. Students learned that jobs can be flexible when it comes to hours or days and some are more hands-on than others.

Student Alex Hedge had a great piece of advice for each of the visitors: "Don't stop doing what you love." All presenters agreed that it's very important to find a job that you love!

The students will finish the unit with a Career Wax Museum.





## FREAKY FOLLIES FUN

Richards Middle School hosted their first PBIS reward for students on Friday, October 26. The "Freaky Follies" Reward was held in the Haunted Media Center.

Students were greeted by ghosts, ghouls, witches, webs, lights and follies as the students entered the media center. This reward was earned by RMS students who received Knightly Notices from staff in the month of October for demonstrating successes and accomplishments.

The students were split into teams and competed in six Freaky Folly activities, keeping score at each station. All students received a participation prize on their way out. The members of the winning team received the grand prize of a Halloween swag bag.

Thanks go out to all the parents and staff at RMS who helped and participated in the event.

# Students Visit an Earthship

The 3rd-grade team at Emerson Elementary had an exciting field trip to Recycle Here-Green Living Science in Detroit. They have been discussing the big idea that our "Actions Cause Consequences," which goes hand-in-hand with the Green Living Science mission statement. GLS is dedicated to increasing awareness of environmental issues and personal responsibility through education.

When it comes to the three R's (Reducing, Reusing, Recycling), the students learned that our actions certainly do cause consequences. There are consequences to not recycling. For example, the students learned about landfills and that by throwing away and not reusing or recycling things, they will fill up at a faster rate. They start to smell and end up being toxic from all the chemicals coming from Styrofoam, batteries, cleaning supplies, etc.

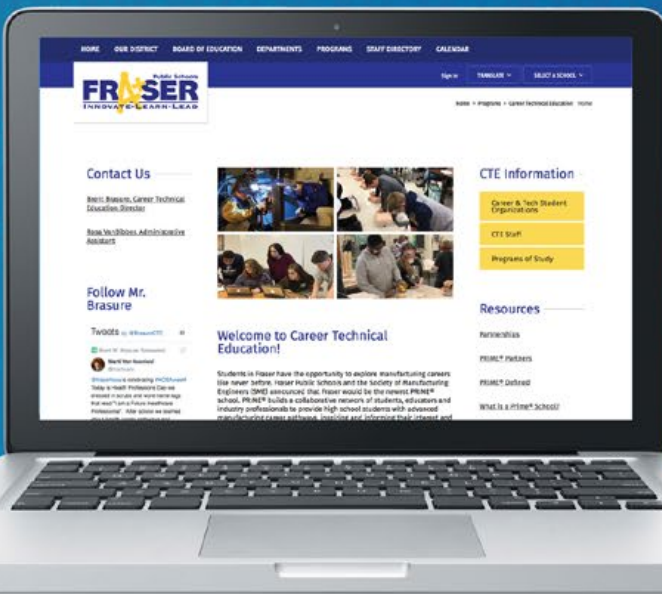
The 3rd-grade students had an opportunity to tour the recycling center, as well as the Lincoln Street Art Park. At the recycling center, the students learned how the center is organized and what materials can be recycled there. The students were able to take materials that they brought from home to recycle and had a recycling relay race! They also completed a scavenger hunt around the recycling center.

At the Art Park, the students toured a shipping container that has been turned into a classroom by using only reused materials. They also toured an Earthship. An Earthship is a type of passive solar house that is built with both natural and upcycled material.



The Art Park is separate from the Recycling Center and is simply a park filled with unique art pieces that are made from reused materials. The art pieces are continually changing. They have sculptures, wall art and, at the park, there is a classroom, which was once a shipping container. They have also constructed an Earthship within the Art Park.

The students loved the learning experience they had with GLS at Recycle Here!



## WEBSITE OFFERS INFORMATION AT YOUR FINGERTIPS

Last May, the district announced an exciting new program that would revolutionize the Career Technical Education (CTE) Program in Fraser Public Schools. Fraser became the newest Prime® school.

Learn about the CTE programs of study, what it means to be a Prime® school, programs of study offered, student organizations and partnerships on the new **Career Technical Education website**. From the District homepage, the CTE site can be found under, "Programs."

Did you know each school has also an "About Us" page? On this page, you will find Parent Information, Student Clubs and Activities, and links to the Principal and PTO pages.

Don't forget to check out your school's main page and calendar for updates, current news and upcoming events.



# FRASER Youth Choir AUDITIONS

## MARK YOUR CALENDARS!

Auditions will be held on  
**Monday, January 7, 2019**  
6:00 p.m. | FHS Choir Room

*Rehearsals for the group take place on  
Monday evenings from 6:00 – 7:00 p.m.  
in the FHS Choir Room*

PLEASE FILL OUT THE REGISTRATION  
FORM PRIOR TO THE AUDITION

[DOWNLOAD REGISTRATION FORM](#)

## QUESTIONS?

Email [michael.perkins@fraserk12.org](mailto:michael.perkins@fraserk12.org)

## PLANNING AHEAD

### NOVEMBER 20

**Senior All Night Party Fundraiser**  
Chipotle on Gratiot (in front of Macomb Mall),  
4:00 – 8:00 p.m.

### NOVEMBER 21–23

**Thanksgiving Break**

### NOVEMBER 26

**Disney Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### NOVEMBER 27

**Emerson Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### NOVEMBER 28

**Edison Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### NOVEMBER 29

**Salk Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### DECEMBER 3

**Eisenhower Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### DECEMBER 4

**Mark Twain Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### DECEMBER 5

**Elementary Evening Conferences**  
4:30 – 7:30 p.m.

### DECEMBER 6

**Elementary Half Day**, 8:35 a.m. – 12:00 p.m.  
**Afternoon Conferences**: 1:30 – 3:30 p.m.  
**Evening Conferences**: 4:30 – 7:30 p.m.

### DECEMBER 11

**FHS Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### DECEMBER 12

**RMS Vocal Music Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### DECEMBER 17

**RMS Band Concert**  
Fraser Performing Arts Center, 7:00 p.m.

### DECEMBER 18 & 19

**FHS Band Concerts**  
Fraser Performing Arts Center, 7:00 p.m.



# THE FRASER EDUCATIONAL FOUNDATION NEEDS YOUR SUPPORT!

## Dine at El Charro to Support the Fraser Educational Foundation

Present this flyer at Fraser's **El Charro** to have 20 percent of your bill donated to the Fraser Educational Foundation!

**Monday, December 3, 2018 –  
Thursday, December 6, 2018**

*Valid from 11:00 a.m. – 10:00 p.m.  
for dine-in and carry-out orders*

**El Charro Mexican Restaurant**  
16720 East 14 Mile Road, Fraser  
**586.294.3520**

The Fraser Educational Foundation is a nonprofit, tax-deductible organization. The objective of the foundation is to provide funding that will enhance teacher creativity, student enrichment and community involvement through activities that go beyond the scope of normally funded school budgets and responsibilities.

The foundation supports Fraser schools with donations from teachers, individuals and local businesses. Over the last 20 years, the Fraser Educational Foundation has averaged \$12,000 in grants annually.

The grant program supports funding for all levels (DK-12). Some examples of recent projects the foundation has supported include grants for the purchase of books, supplemental education programs, online access to special interactive technology websites, virtual simulation software, and much more.

**Visit [www.fraser.k12.mi.us/FEF](http://www.fraser.k12.mi.us/FEF)  
for more information or call  
586.439.7004 to become a friend  
of the Foundation!**



# MOONLIGHT MADNESS

## Silent/Live Auction

Friday, February 22, 2019

7:00 p.m. - Midnight

### Location

Vintage House

31816 Utica Road, Fraser

\$30.00 Per Person

Includes: Hors d'oeuvres,  
Dinner, and ALL Beverages,  
Dancing and FUN for ALL!

Tickets On Sale NOW!

Contact:

Megan Saputo:

[Megan.saputo@fraserk12.org](mailto:Megan.saputo@fraserk12.org)

Lauren Smith:

[Lauren.Smith@fraserk12.org](mailto:Lauren.Smith@fraserk12.org)

Must be 21 and over to attend.

Auction prize payment is  
due the night of the  
auction (cash or check).



Benefits FHS  
Classes of  
2019-22





# LET'S TALK TURKEY

Unsafe handling and under-cooking your holiday bird can cause foodborne illnesses. Here are a few tips from the USDA to keep your Thanksgiving safe and delicious!

Types of turkeys regulated by the USDA:



\*For more information about each type of turkey, visit [fsis.usda.gov](http://fsis.usda.gov).

## 3 WAYS TO THAW

While frozen, a turkey is safe indefinitely. As soon as it begins to thaw, bacteria that may have been present before freezing will begin to grow again. Here are three ways to safely thaw your bird:

### Refrigerator:

Safe to store the turkey for another 1 – 2 days in the refrigerator.

This is the USDA recommended thawing method.

### How to thaw:

Allow approximately 24 hrs. for every 4-5lbs of bird.

### Cold water:

Cook immediately after thawing.

### How to thaw:

Submerge the bird in cold water & change every 30 mins.

### Microwave:

Cook immediately after thawing.

### How to thaw:

Use defrost function based on weight

For more information on safe thawing methods, visit [fsis.usda.gov](http://fsis.usda.gov)

## DID YOU KNOW?

It's safe to cook a frozen turkey though cooking time will be 50% longer!

## Clean

Wash your hands for 20 seconds with soap and warm water.

Utensils  
Plates  
Countertops  
Cutting boards

SHOULD ALSO BE WASHED

Bacteria, which can be present inside and outside a turkey, can't be washed off the bird! Cooking is the only way to destroy this potentially dangerous bacteria.

**SO DON'T WASH YOUR TURKEY!!**

## SEPARATE

Separate raw turkey from fresh food, and use separate cutting boards, plates, and utensils.

Keep dishes that touch raw food separate, too!

Wash items that touch raw meat with soap and warm water.

## COOK

Your bird is not safe until it reaches 165 °F — you cannot tell by the color.

Remember to ensure any stuffing cooked with the bird reaches 165 °F, too!

Use three places to check the temperature.

- Thickest part of breast
- Innermost part of wing
- Innermost part of thigh

When turkey is removed from the oven, let it stand 20 minutes before carving to allow juices to settle.

## CHILL

Take your time around the dinner table, but refrigerate leftovers within 2 hours!

Safe in fridge 3-4 days

Safe frozen, but use within 2-6 months for best quality.

Last day Thanksgiving leftovers are safe from the fridge.

Leftover turkey should be cut into smaller pieces, and store items separately in smaller containers.

Be sure to pack leftovers in a cooler if traveling.

Reheat thoroughly to a temperature of 165 °F.

**Remember, bacteria that cause foodborne illnesses can't be smelled or tasted!**

FOR MORE INFORMATION:  
Visit [foodsafety.gov](http://foodsafety.gov)

If you have a specific question, call the USDA Meat and Poultry Hotline at 1-888-MPHOTLINE or visit [AskKaren.gov](http://AskKaren.gov). Visit [Pregunteleakaren.gov](http://Pregunteleakaren.gov) for questions in Spanish.

